

2018 Saint Mary's High School

February 11, 2019

Monday February 11, 2019	
Grilled Sandwich Special	Free Range Chicken Club, Aioli, Applewood Bacon, Capay Farms Lettuce, Tomatoes, Oven Roasted Carrots \$7.20
Farmers Market	Organic Caesar Salad, Grilled Free Range Chicken, Capay Farms Cherry Tomatoes, House Croutons, Shaved Parmesan, Caesar Dressing \$7.20
Platillos Latinos	Slow Roasted Pulled Pork, Organic Pinto Beans Burrito, Lime Cilantro Rice, Jacob Farms Pico de Gallo, Shredded Cheese, Sour Cream \$7.20
Earthly Selections	Oven Roasted Garden Vegetables, Organic Pinto Beans Burrito, Lime Cilantro Rice, Jacob Farms Pico de Gallo, Shredded Cheese, Sour Cream \$7.00
Jump Start Smoothie	Mello's Mango \$4.50

Tuesday February 12, 2019	
Grilled Sandwich Special	Cuban Roasted Pork Sandwich, Dijonnaise, Swiss Cheese, Dill Pickle Chips, Baked Tater Puffs \$7.20
Wrap Special	Curried Free Range Chicken Wrap, Jacob Farms Cucumber, Mint, Cilantro, Tomatoes, Shredded Lettuce \$7.20
Live Well	Thai Yellow Curry Niman Ranch Grass Fed Beef, Stir Fry Vegetable Fried Rice, Fresh Chopped Cilantro \$7.20
Earthly Selections	Thai Yellow Curry Organic Wo Chong Tofu, Stir Fry Vegetable Fried Rice, Fresh Chopped Cilantro \$7.00
Jump Start Smoothie	Mello's Peach, Beets \$4.50

Wednesday February 13, 2019	
Street Food Basket	Korean Style Grass Fed Beef Tacos, Sesame Jasmine Rice, Capay Farms Pickled Cabbage, Green Onions \$7.20
Farmers Market	Mediterranean Free Range Chicken, Jacob Farms Asparagus, Couscous Salad, Roasted Bell Pepper Vinaigrette \$7.20
Passage to India	Free Range Chicken Vindaloo, Organic Brown Rice, Grilled Naan, Bengard Salinas Collard Greens \$7.20
Earthly Selections	Garden Vegetable Samosa, Webb Ranch Vegetable Fried Rice, Mint Chutney, Cilantro \$7.00
Jump Start Smoothie	Mello's Mango, Greek Yogurt \$4.50

February 14, 2019	
Grilled Sandwich Special	Baked Free Range Chicken Organic Black Beans Chimichanga, Ratto Farms Shredded Lettuce, Avocado, Pico de Gallo, Cheese \$7.20
Wrap Special	Free Range Chicken, Capay Farms Vegetables, Fresh Mozzarella Wrap, Balsamic Vinaigrette \$7.20
Global Bowls	Niman Ranch Grass Fed Beef Meatballs, House-Made Marinara, Pasta, Capay Farms Blanched Broccoli, Parmesan & Chopped Fresh Parsley \$7.20
Earthly Selections	Pan Roasted Capay Farms Vegetable Ratatouille, Pasta, Fresh Grated Parmesan Cheese, Parsley \$7.00
Jump Start Smoothie	Mello's Strawberries, Greek Yogurt \$4.50

Friday February 15, 2019	
Stone Hearth Oven	Pizza Lovers, Pepperoni, Mediterranean Pizza, House-Made Pizza Sauce, Cheese Blend \$7.20
Farmers Market	Asian Cucumber Salad, Free Range Chicken, Ratto Farms Red Onions, Red Bell Peppers, Shredded Cabbage, Toasted Sesame Seeds, Lime Ginger Vinaigrette \$7.20
Global Bowls	Niman Ranch Grass Fed Beef Chili, Creamy Polenta, Fresh Grated Parmesan Cheese, Chopped Parsley \$7.20
Earthly Selections	Capay Farms Vegetable Chili, Creamy Polenta, Fresh Grated Parmesan Cheese, Chopped Parsley \$7.20
Jump Start Smoothie	Mello's Peach, Spinach \$4.50

Promotions

Come and check it out, you'll never know what you're missing
Enjoy Berries Parfait & Fruit Cups Everyday

Chocolate Covered Strawberries on 14th
Join with us Valentines Cookie Decorating on 14th



National Chili & Corn Polenta on 15th

What's Hot What's Not? On 25th



National Salad Day on 13th & 27th

House-Made Refreshing, Healthy & Delicious Beverages

Fresh Baked Hot Churros

Fresh.Honest.Local

Did you know?

The Epicurean Group only offers

- Grass Fed Beef
- Antibiotic Free Poultry
- NON GMO Milk
- In-House made Soups
- Cage Free Eggs
- Wild Seafood
- Dolphin Free Tuna
- Dressing are from Scratch
- Only in-House Roasted Meats

Because we care about our environment and YOU!



Your Chef / Manager: Kusuma Kalengada
 For Catering: kusuma@epicurean-group.com

