

2021 Saint Mary's High School

May 3, 2021

Monday May 3, 2021

- Breakfast Favorite** Breakfast Burrito, Bacon, Eggs, Potatoes, Cheese, Onions, OR Breakfast Plate Bacon, Sausage, Tater Tots and Parfait, Fresh Baked Pastries, Fruit Cups, Cereal, Bagels
- Sandwich Special** HAM BLT OR Turkey Club, Salinas Lettuce, Tomatoes, on Ciabatta or Sour Dough Slice bread, Wavy Chips
- Farmers Market** Organic Caesar Salad, Grilled Free Range Chicken, or Tofu, Capay Farms Cherry Tomatoes, House Croutons, Shaved Parmesan, Caesar Dressing
- Global Bowls** Crusted Pork Chops or Crusted Free Range Chicken, Creamy Polenta with Israeli Couscous, Lemony Capay Farms Broccoli
- Earthly Selections** Crusted Portobello Mushrooms, Creamy Polenta, Lemony Capay Farms Broccoli

Jump Start Smoothie Mello's Strawberry, yogurt

Tuesday May 4, 2021

- Breakfast Favorite** Breakfast Burrito, Bacon, Eggs, Potatoes, Cheese, Onions, OR English Muffin Eggs, Bacon Sandwich, and Parfait, Fresh Baked Pastries, Fruit Cups, Cereal, Bagels
- Sandwich or Wrap Special** Turkey, BLT, Salinas Lettuce, Tomatoes, Sandwich OR Tandoori Chicken Wraps with Greens, Salsa, Cheese, Wavy Chips
- Farmers Market** Organic Caesar Salad, Grilled Free Range Chicken, or Tofu, Capay Farms Cherry Tomatoes, House Croutons, Shaved Parmesan
- Taste of Espana** Niman Ranch Beef or Chicken Nachos, Organic Pinto Beans, Cheese Sauce, Hominy Pickle de Gallo with lettuce, Sour Cream
- Earthly Selections** Oven Roasted Vegetables Nachos, Organic Pinto Beans, Organic Pinto Beans, Cheese Sauce, Hominy Pickle de Gallo with lettuce, Sour Cream

Jump Start Smoothie Chocolate, Banana Milk shake

Wednesday May 5, 2021

- Breakfast Favorite** Breakfast Burrito, Bacon, Eggs, Potatoes, Cheese, Onions, OR Breakfast Plate Bacon, Sausage, Tater Tots, English Muffin Eggs, Bacon Sandwich and Parfait, Fresh Baked Pastries, Fruit Cups, Cereal, Bagels
- Sandwich Special** Black Forest HAM OR Turkey, Apple-Wood Bacon, Or Chipotle Chicken, Salinas Lettuce, Tomatoes, on Ciabatta or Sour Dough Slice bread, Wavy Chips
- Farmers Market** Organic Caesar Salad, Grilled Free Range Chicken, or Tofu, Capay Farms Cherry Tomatoes, House Croutons, Shaved Parmesan, OR Buffalo Chicken Wraps
- Breakfast Favorite** Corn Dogs with Bottled Water or Free Range Chicken Pot Stickers, Teriyaki Sauce with Bottled Water
- Breakfast Favorite** Free Range Chicken Tamales

Jump Start Smoothie Mello's Strawberries, Yogurt

Thursday May 6, 2021

- Breakfast Favorite** Breakfast Burrito, Bacon, Eggs, Potatoes, Cheese, Onions, OR Breakfast Plate Bacon, Sausage, Tater Tots, and Parfait, Fresh Baked Pastries, Fruit Cups, Cereal, Bagels
- Sandwich Special** Asian Free-Range Chicken Sandwich OR Turkey BLT, Colby Cheese, Capay Farms Lettuce, Tomatoes, Wavy Chips
- Farmers Market** Organic Caesar Salad, Grilled Free Range Chicken, or Tofu, Capay Farms Cherry Tomatoes, House Croutons, Shaved Parmesan OR Taco Salad Wraps
- Stone Hearth Oven** Pizza Lovers, Pepperoni or BBQ Chicken, House-Made Pizza Sauce, Blend Pizza Cheese, Wavy Chips
- Earthly Selections** Pizza Lovers, Jacob Farms Mediterranean or 4 Cheese Pizza, House-Made Pizza Sauce, Blend Pizza Cheese, Wavy Chips

Jump Start Smoothie Mello's Mango, Yogurt

Friday May 7, 2021

- Breakfast Favorite** Breakfast Burrito, Bacon, Eggs, Potatoes, Cheese, Onions, OR Breakfast Plate Bacon, Sausage, Tater Tots, and Parfait, Fresh Baked Pastries, Fruit Cups, Cereal, Bagels
- Sandwich Special** Black Forest HAM BLT OR Turkey, Apple-Wood Bacon, Or Chicken Fajita, Salinas Lettuce, Tomatoes, on Ciabatta or Sour Dough Slice bread, Wavy Chips
- Farmers Market** Organic Caesar Salad, Grilled Free Range Chicken, or Tofu, Capay Farms Cherry Tomatoes, House Croutons, Shaved Parmesan, Caesar Dressing
- Global Bowls** Teriyaki Free Range Chicken Stir Fry, Rice Noodles, Babe Farms Carrots, Water Chestnut, Snap Peas, Celery, Toasted Sesame Seeds, Garlic Baby Bokchoy
- Earthly Selections** Teriyaki Organic Tofu, Stir Fry, Rice Noodles, Babe Farms Carrots, Water Chestnut, Snap Peas, Celery, Toasted Sesame Seeds, Garlic Bokchoy

Jump Start Smoothie Oreo Cookie, Banana Milk shake

Your Chef / Manager: Kusuma Kalengada

For Catering: kusuma@epicurean-group.com

Promotions

Come and check it out, you'll never know what you're missing



AM and PM Snack bundled with bottled water \$4.50.

All Lunches bundled with bottled Water and lunchbox Cookie \$6.95
All lunches bundled with Snapple with lunchbox Cookie \$8.95

House-Made Refreshing, Healthy & Delicious Beverages

Breakfast Boosters, Organic yogurt, House-Made Granola and assorted berries Parfait

Did you know?



The Epicurean Group only offers

Grass Fed Beef

Antibiotic Free Poultry
NON GMO Milk

In-House made Soups

Cage Free Eggs

Wild Seafood

Dolphin Free Tuna

Dressing are from Scratch

Only in-House Roasted Meats



Because we care about our environment and YOU!